

Honestly Healthy Food To Go

Hi everyone, we hope you are doing very well.

In response to the coronavirus pandemic and the 'new normal' we will all be facing; we have been looking at how to reopen the restaurant in the safest possible way.

Collectively, we have decided to limit the seating in our Cockermonth restaurant (along with several other safety measure) and offer a takeaway service which consist of tasty and healthy meals. This will be known as **Honestly Healthy Foods**.

We promise to deliver fresh, tasty meals that aren't full of additives and grease...and a few cheat ones too!

So, what changes can you expect?

New web portal

Firstly, we have created a new platform on our website which gives customers the option of choosing a meal, selecting a collection or delivery time, and paying online easily.

You can access it by searching for the original Honest Lawyer website and clicking 'Order Online'.

New menu and food prep system

We have a brand new menu. Our original menu couldn't be adapted to travel therefore, we've devised one that can. It features healthy eating options - with small meals under 500 calories and main meals under 1000 calories. It also features a 'cheat section' which are still better than your average take away in terms of calories, but give the option of treating yourself.

Vegan or gluten free? We have ensured the menu covers all dietary options. Nuts are no longer used in our kitchens, with an exception to cashew nuts and coconut to make your food taste the same as always.

Other food prep measures to note are, we don't use ghee in our curries and all cooking is done with olive oil. We fry everything using air fryers therefore we can guarantee that there's less oil in all our fried food.

Our varied, locally sourced menu will allow families to order different food options from the same place without any hassle.

All our staff are trained how to handle the different allergy requirements. The menu has been carefully selected with a mix of what we have been doing along with favorites chosen by our customers.

Safety

As per the Government guidelines to Covid-19, extra safety measure we have in place include:

1. Hand sanitisers have been installed
2. Partition glasses are in place
3. Social distancing markings to guide you through the restaurant
4. Masks and face shields worn by all staff
5. Infrared thermometers to test guests and staff regularly
6. Our guarantee is that all the food is prepared at our premises by healthy chefs ensuring all safety and hygiene regulations are maintained.

We kindly ask that you support us so we can provide you with good food at a reasonable cost.

Many thanks,
George & Meera